

Adult Beginner Hockey: Fall 2019



Always wanted to play?

Adult Beginner Hockey 2, \$100

Sundays at 8am, Oct 20 to Dec 15

Ages 16+, Southampton Coliseum

Activity #17647

How to know this is right for you?

- You have completed adult beginner hockey 1
- You have basic skills to play hockey and want to improve your game

Level 2 is all about playing the game! There is no formal instruction, it's all about scrimmaging. This is a co-ed program. Everyone is welcome.

No hockey November 3.

Adult Beginner Hockey 1, \$100

Sundays at 9am, Oct 20 to Dec 15

Ages 16+, Southampton Coliseum

Activity #17646

How to know this is right for you?

- You have never (or it's been a long time) organized hockey
- You have basic skating skills and want to improve
- You want to know how to play hockey

You'll learn with others of the same basic skill level. Level 1 includes formal instruction as well as game play. You'll practice and develop your skills. This is a co-ed program. Everyone is welcome. **No hockey November 3.**

Required equipment:

- skates
- helmet with cage or visor
- stick
- gloves

Recommended equipment:

- jock or jill
- full pads

Players may wear full gear.

Registration opens on September 4 at 6am
SaugeenShores.ca/Register, search 'Adult Hockey'