



# Spring 2024 Pool Schedule



## Spring Session: April 2 to June 28, 2024

Visit the Centennial Pool at: 780 Gustavus Street, Port Elgin

Contact us: 519-832-2627, [recreation@saugeenshores.ca](mailto:recreation@saugeenshores.ca)

For more aquatic programs, visit: [www.saugeenshores.ca/pool](http://www.saugeenshores.ca/pool)

### Spring Pool Schedule

The Centennial Pool will be closed on Monday, May 20 for Victoria Day.

Activity	Times	Days of the week
Lane Swim	7:30 to 8:30am 11:45am to 12:45pm	Monday to Friday
Lane Swim (evening)	8 to 8:45pm	Monday to Thursday
Lane Swim (weekends)	12 to 1pm	Saturday, Sunday
Aquafit	9 to 9:45am	Monday, Wednesday, Friday
Aquafit	11 to 11:45am	Tuesday, Thursday
Parent and Tot Swim	9:45 to 10:30am	Monday, Wednesday, Friday
Senior/Parent and Tot Swim	2:45pm to 3:30pm	Tuesday, Thursday
Fun Swim (weekends)	1 to 2pm	Saturday, Sunday

### Drop-in Fees

Fee (HST included)	Child	Student or Senior	Adult	Family
Single visit	\$3.50	\$4.50	\$5	\$12
Single visit – aquafit	N/A	\$6.75	\$6.75	N/A
10 visit pool pass	\$30.67	\$39.52	\$43.65	\$103.80
20 visit pool pass	\$55.00	\$70.63	\$78.44	\$186.01
10 visit aqua fitness pass	N/A	\$59.13	\$59.13	N/A
20 visit aqua fitness pass	N/A	\$105.93	\$105.93	N/A
6-month aquatic membership	N/A	\$199.96	\$253.28	\$395.50
1 Year aquatic membership	N/A	\$335.75	\$373.26	\$621.50

### Registered Aqua Fitness Programs

Check out our registered aqua fitness programs – Baby Fit, Aqua Cycle, Aquafit Bootcamp and Power Swim. Participants register for the session. Register online at [www.saugeenshores.ca/register](http://www.saugeenshores.ca/register), and search the program name. Limited spots available.

## Program Descriptions

**Lane Swim:** All swimmers are welcome. Slow, medium, and fast lanes. 5 lanes available.

**Aquafit:** A low impact workout that uses the water as resistance. Go at your own pace, the instructors will give you a variety of options.

**Parent and Tot Swim:** Parents and caregivers can swim with their children. Shallow and deep areas are open. The first tot swims free with an adult with additional cost for others.

**Senior/Parent and Tot Swim:** This is an open swim time for seniors along with parents and tots. This is a combined program. Seniors are welcome to come in and enjoy a relaxing, open swim alongside the parents and their little ones. Regular drop-in fees apply.

**Fun Swim:** Shallow and Deep areas are available as well as fun pool activities. Pool admission policies apply. Please review before arrival.

## Pool Admission Policies

We encourage all our swimmers to swim with a buddy.

### Admittance Requirements for Children

**Children 6 years of age and younger:** must be accompanied in the water by a parent, or guardian who is at least 16 years of age and is responsible for their direct supervision.

**Children 7 to 9 years of age:** must pass a facility swim test or be accompanied in the water by a parent or guardian who is at least 16 years of age and is responsible for their direct supervision.

**Direct supervision:** defined by being within arms reach at all times. When directly supervising children there is a maximum of two children under the age of 9 years old per guardian.

**Swim test:** 2 widths of a recognizable stroke without stopping and 1 minute of treading water.

### Age Requirements for Change Room Use

Children 7 years of age or older are required to use the change room designated for their gender. If this is not suitable, please see our Program Staff so that appropriate accommodations can be arranged.

### Serious Medical Conditions

Those with serious medical conditions should be accompanied by an individual who knows their condition and is responsible for their direct supervision.

### Special Needs

Adult, children, and seniors are welcome. Any caregiver volunteering their time to help a person with special needs is admitted free (1 caregiver). Special needs swimmers are welcome at any of our swims.

### Pool and Deck Capacity

Maximum capacity: 140. Capacity may be reduced depending on programming.