



Fall 2024 Pool Schedule



Fall Session: September 9 to December 20

Visit the Centennial Pool at: 780 Gustavus Street, Port Elgin

Contact us: 519-832-2627, recreation@saugeenshores.ca

For more aquatic programs, visit: www.saugeenshores.ca/pool

Fall Pool Schedule

The Centennial Pool will be closed on Monday, October 14 for Thanksgiving Monday.

Activity	Times	Days of the week
Lane Swim	7:30 to 8:30am 11:45am to 12:45pm	Monday to Friday
Lane Swim (evening)	8 to 8:45pm	Monday to Thursday
Lane Swim (weekends)	12 to 1pm	Saturday, Sunday
Aquafit	9 to 9:45am	Monday, Wednesday, Friday
Aquafit	11 to 11:45am	Tuesday, Thursday
Parent and Tot Swim	9:45 to 10:30am	Monday, Wednesday, Friday
Senior/Parent and Tot Swim	2:45 to 3:30pm	Tuesday, Thursday
Adult and Senior Swim	2:45 to 3:30pm	Monday
Gentle Fit	10:30 to 11:15am	Wednesday
Gentle Fit	2 to 2:45pm	Monday
Fun Swim (weekends)	1 to 2pm	Saturday, Sunday

Drop-in Fees

Fee (HST included)	Child	Student or Senior	Adult	Family
Single visit	\$3.75	\$4.75	\$5.25	\$12.25
Single visit – aquafit	N/A	\$7.00	7.00	N/A
10 visit pool pass	\$32.39	\$39.97	\$46.24	N/A
20 visit pool pass	\$58.94	\$75.92	\$84.07	N/A
10 visit aqua fitness pass	N/A	\$61.65	\$61.65	N/A
20 visit aqua fitness pass	N/A	\$112.00	112.00	N/A
6-month aquatic membership	N/A	\$206.96	\$262.15	\$409.34
1-year aquatic membership (available until October 1, 2024)	N/A	\$347.50	\$386.32	\$643.25

Pool and Deck Capacity

Maximum capacity: 140. Capacity may be reduced depending on programming.

Program Descriptions

Lane Swim: All swimmers are welcome. Slow, medium, and fast lanes. 5 lanes available.

Aquafit: A low impact workout that uses the water as resistance. Go at your own pace, the instructors will give you a variety of options.

Gentle Fit: A low intensity and impact workout that uses the water as resistance. Go at your own pace, the instructors will incorporate lots of strength and gentle movements.

Parent and Tot Swim: Parents and caregivers can swim with their children. Shallow and deep areas are open. The first tot swims free with an adult with additional cost for others.

Senior/Parent and Tot Swim: This is an open swim time for seniors along with parents and tots. This is a combined program. Seniors are welcome to come in and enjoy a relaxing, open swim alongside the parents and their little ones. Regular drop-in fees apply.

Adult and Senior Swim: This is an open swim time for adult and seniors to swim. There will be 2 lanes available for length swimming. Individuals must be 18 years of age or older.

Fun Swim: Shallow and Deep areas are available as well as fun pool activities. Pool admission policies apply. Please review before arrival.

Pool Admission Policies

We encourage all our swimmers to swim with a buddy.

Admittance Requirements for Children

Children 6 years of age and younger: must be accompanied in the water by a parent, or guardian who is at least 16 years of age and is responsible for their direct supervision.

Children 7 to 9 years of age: must pass a facility swim test or be accompanied in the water by a parent or guardian who is at least 16 years of age and is responsible for their direct supervision.

Direct supervision: defined by being within arms reach at all times. When directly supervising children there is a maximum of two children under the age of 9 years old per guardian.

Swim test: 2 widths of a recognizable stroke without stopping and 1 minute of treading water.

Age Requirements for Change Room Use

Children 7 years of age or older are required to use the change room designated for their gender. If this is not suitable, please see our Program Staff so that appropriate accommodations can be arranged.

Serious Medical Conditions

Those with serious medical conditions should be accompanied by an individual who knows their condition and is responsible for their direct supervision.

Special Needs

Adult, children, and seniors are welcome. Any caregiver volunteering their time to help a person with special needs is admitted free (1 caregiver). Special needs swimmers are welcome at any of our swims.