

Day	Activity	Time	Location
Monday	Little Gulls @ Play Basketball - Teen / Adult Pickleball - Adult (O) Volleyball - Family Volleyball - Youth Volleyball - Adult	9:00-11:00 a.m. 11:45 a.m.-12:45 p.m. 1:00-3:00 p.m. 6:30-8:00 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Full Gym Full Gym Full Gym Gym A Gym B Full Gym
Tuesday	Pickleball - Adult (O) Pickleball - Adult (B) Mighty Gulls @ Play Basketball - Youth Badminton - Family Badminton - Youth Badminton - Adult	9:00-11:00 a.m. 1:00-3:00 p.m. 3:30-5:30 p.m. 3:30-5:30 p.m. 6:30-8:00 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Full Gym Full Gym Gym A Gym B Gym A Gym B Full Gym
Wednesday	Little Gulls @ Play Basketball - Adult (O) Basketball - Youth Basketball - Family Basketball - Adult	9:00-11:00 a.m. 1:00-3:00 p.m. 3:30-5:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Full Gym Full Gym Full Gym Full Gym Full Gym
Thursday	Baby Gulls @ Play Pickleball - Adult (O) Card/Board Game Cafe Badminton - Adult Mighty Gulls @ Play Basketball - Youth Volleyball - Family Volleyball - Youth Volleyball - Adult	9:00-11:00 a.m. 9:00-11:00 a.m. 11:30 a.m.-2:30 p.m. 1:00-3:00 p.m. 3:30-5:30 p.m. 3:30-5:30 p.m. 6:30-8:00 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Program Room Full Gym Program Room Full Gym Gym A Gym B Gym A Gym B Full Gym

Flip over for the Friday to Sunday Drop-in Gymnasium schedule.

Day	Activity	Time	Location
Friday	Little Gulls @ Play Sensory SuperGulls Mighty Gulls @ Play Basketball - Youth Basketball - Family	9:00-11:00 a.m. 1:00-3:00 p.m. 3:30-5:30 p.m. 3:30-5:30 p.m. 7:30-9:00 p.m.	Full Gym Full Gym Gym A Gym B Full Gym
Saturday	Little Gulls @ Play Mighty Gulls @ Play Badminton - Family Badminton - Adult	11:00 a.m.-12:30 p.m. 11:00 a.m.-12:30 p.m. 3:00-4:30 p.m. 3:00-4:30 p.m.	Gym A Gym B Gym A Gym B
Sunday	Pickleball - Adult (O) Pickleball - Adult (B) Basketball - Family Basketball - Youth Basketball - Adult	7:00-8:00 a.m. 8:00-9:00 a.m. 11:00 a.m.-12:30 p.m. 11:00 a.m.-12:30 p.m. 3:00-4:30 p.m.	Full Gym Full Gym Gym A Gym B Full Gym

- **Age Categories:** (See 'Dryland Program Age Categories' handout for descriptions)
 - **Preschool** - 0-5 years old (included in Little Gulls programming)
 - **Child** - 6-10 years old, **Youth** - 11-17 years old, **Teen** - 14-17 years old (included in Family programming, an adult must be actively participating in Family programs)
 - **Adult** - 18+ years old & **Active Ager** - 60+ years old (included in Adult programming)
- **Pickleball groupings:**
 - **B** = Beginner play. New to the sport and wanting to join the fun! Wanting players to take it easy on you while you learn.
 - **O** = Open play. You've played for a bit, have a good grasp on the rules, and are looking to enjoy a good game with fun people.



Flip over for the Monday to Thursday Drop-in Gymnasium schedule.

Visit www.saugeenshores.ca/PrydeAWC for full list of programs and passes.