



Easter Weekend Pool Schedule

April 3 to April 6, 2026

| Day | Time | Lap Pool | Leisure Pool |
|--|------------------------|---------------|---------------------|
| Friday | Facility Closed | | |
| Saturday Pryde AWC Open 7:00am - 5:00pm | 9:00 - 10:00am | Lane Swim (3) | Adult & Senior Swim |
| | 9:00 - 9:45am | Aquafit | |
| | 12:00 - 1:00pm | Lane Swim | Adult & Senior Swim |
| | 1:00 - 2:00pm | Fun Swim | Fun Swim |
| Sunday | Facility Closed | | |
| Monday Pryde AWC Open 7:00am - 3:00pm | 7:00 - 9:00am | Lane Swim (8) | Adult & Senior Swim |
| | 9:00 - 9:45am | Aquafit | |
| | 9:00 - 10:00am | | Parent & Tot |
| | 10:00 - 10:45am | | Gentle Fit |
| | 10:45 - 11:45am | | Family Swim |
| | 11:45 - 12:45pm | Lane Swim | Adult & Senior Swim |
| | 1:00 - 2:00pm | Fun Swim | Fun Swim |

The Pryde Aquatic and Wellness schedules is available for download at www.saugeenshores.ca/PrydeAWC.

Contact Us: Call 519-832-2627 or email awc@saugeenshores.ca.





Easter Weekend Group Fitness / Gymnasium Schedule

April 3 to April 6, 2026

| Day | Time | Group Fitness | Gymnasium |
|--|------------------------|---------------------------------|---|
| Friday | Facility Closed | | |
| Saturday Pryde AWC Open 7:00am - 5:00pm | 8:00 - 8:30am | Bootcamp | |
| | 8:45 - 9:30am | Wild Card Workout | |
| | 12:00 - 2:00pm | | Badminton - Youth |
| | 2:00 - 4:00pm | | Badminton - Adult |
| | 4:00 - 5:00pm | | Badminton - Family |
| Sunday | Facility Closed | | |
| Monday Pryde AWC Open 7:00am - 3:00pm | 9:00 - 11:00am | | Little & Mighty Gulls @ Play |
| | 11:15am - 12:00pm | Family Dance fit (Gymnasium) | Family Dance Fit |
| | 12:30 - 1:30pm | | VolleyBall - Youth Volleyball - Family |
| | 1:30 - 2:30pm | | Volleyball - Adult |

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