

Day	Activity	Time	Location
Monday	Little Gulls @ Play Mighty Gulls @ Play Volleyball - Youth/Adult Volleyball - Teen Volleyball - Adult	10:30-11:30 a.m. 10:30-11:30 a.m. 5:00-6:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Gym B Gym B Full Gym Full Gym Full Gym
Tuesday	Court Rentals Available Badminton - Youth/Adult Badminton - Teen Badminton - Adult	11:45 a.m.-12:45 p.m. 5:00-6:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Full Gym Full Gym Full Gym Full Gym
Wednesday	Little Gulls @ Play Mighty Gulls @ Play Pickleball - Youth/Adult Pickleball - Teen Pickleball - Adult	10:30-11:30 a.m. 10:30-11:30 a.m. 5:00-6:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Gym B Gym B Full Gym Full Gym Full Gym
Thursday	Court Rentals Available Basketball - Youth/Adult Basketball - Teen Basketball - Adult	11:45 a.m.-12:45 p.m. 5:00-6:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Full Gym Full Gym Full Gym Full Gym
Friday	Little Gulls @ Play Mighty Gulls @ Play Basketball - Youth/Adult Basketball - Teen Basketball - Adult	10:30-11:30 a.m. 10:30-11:30 a.m. 5:00-6:30 p.m. 6:30-8:00 p.m. 8:00-9:30 p.m.	Gym B Gym B Full Gym Full Gym Full Gym

Flip over for the Saturday & Sunday Drop-in Gymnasium schedule and program specific details.



Day	Activity	Time	Location
Saturday	Little Gulls @ Play	9:00-10:30 a.m.	Gym A
	Mighty Gulls @ Play	9:00-10:30 a.m.	Gym B
	Badminton - Youth/Adult	3:00-4:30 p.m.	Full Gym
Sunday	Pickleball - Youth/Adult	9:00-10:30 a.m.	Full Gym
	Basketball - Adult	3:00-4:30 p.m.	Full Gym

Welcome to the Pryde AWC Gymnasium!

- **Age Categories:** (See 'Dryland Program Age Categories' handout for descriptions)
 - **Preschool** - 0-5 years old (included in Little Gulls programming)
 - **Child** - 6-10 years old, **Youth** - 11-17 years old, **Teen** - 14-17 years old (included in Family programming, an adult must be actively participating in Family programs)
 - **Adult** - 18+ years old & **Active Ager** - 60+ years old (included in Adult programming)
- **Court rotations:** (applies to Badminton, Pickleball, & Volleyball)
 - Staff will utilize a whiteboard to ensure even distribution of game time and court usage for all players.
 - Families/groups will rotate through courts with a predetermined game length.
 - Games will play to 11 points, or be capped at 9 points during busy times.
- **Pickleball groupings:**
 - Pickleball at the Pryde AWC is meant to be fun and inclusive to all.
 - Beginners are welcome.
 - Open play. For the summer program, open play means all are welcome and players will be rotated through courts as stated above.
 - Groupings will be made based on skill/abilities as much as possible.

Flip over for the Monday to Friday Drop-in Gymnasium schedule.

Visit www.saugeenshores.ca/PrydeAWC for full list of programs and passes.

